

422071



1 oz. Crunchy Potato Breaded Fish Sticks

LOT:

AYJJJLW



EST.NO. 391-

CN

#####

Four precooked breaded fish sticks (1.0 oz. each) provide 2.00 oz. equivalent meat and 0.75 ounce equivalent grain for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA, 00/0000.)

CN

Cooking Instructions:*

KEEP FROZEN UNTIL READY TO COOK. Thawing is not recommended - cook from frozen.

Conventional oven: Preheat to 425° F. Place frozen product on lightly greased baking sheet, cook for 12 to 16 minutes until crisp. Turn product halfway through bake time for best results.

Convection oven: Preheat to 400° F. Place frozen product on lightly greased baking sheet, cook for 8 to 12 minutes until crisp. Turn product halfway through bake time for best results.

Microwave cooking is not recommended.

* Cooking times and temperatures may vary substantially. Internal temperature should be at least 145°F. We strive to produce a fully "boneless" product. As with all fish, however, occasional bones may still be present.

QUICK FROZEN - OVEN READY

NET WT. 10 LB. (4.54 kg)

INGREDIENTS: FISH (ALASKA POLLOCK), POTATO STICKS (POTATOES, COTTONSEED OIL, CORN OIL, SOYBEAN OIL, AND/OR CANOLA OIL, SALT), VEGETABLE OIL (SOYBEAN AND/OR CANOLA), DEHYDRATED POTATO FLAKES (POTATOES, MONO AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, CITRIC ACID), WHOLE WHEAT FLOUR, WHOLE GRAIN YELLOW CORN MEAL, BROWN RICE FLOUR, WHOLE GRAIN YELLOW CORN FLOUR, ENRICHED WHEAT FLOUR (NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, POTATO FLAKES (POTATOES, MONO AND DIGLYCERIDES, SODIUM ACID PYROPHOSPHATE, SODIUM BISULFATE AND CITRIC ACID), WATER, YELLOW CORN FLOUR, MODIFIED POTATO STARCH, SALT, GARLIC POWDER, NATURAL FLAVOR, ONION POWDER, SUGAR, YEAST EXTRACT, EGG WHITES, YEAST, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, SODIUM ALUMINUM PHOSPHATE), SPICE, SOY FLOUR, MALTODEXTRIN, IODIZED SALT, EXTRACTIVES OF PAPRIKA, DEXTROSE, VINEGAR SOLIDS, MONO AND DIGLYCERIDES, GUAR GUM, SPICE EXTRACT. CONTAINS FISH (ALASKA POLLOCK), WHEAT, EGG, SOY

CFN/FEI#: ##### 391-



05022017

0 00 28029 22071 1

TRIDENT SEAFOODS CORP. 5303 SHILSHOLE AVE. NW, SEATTLE, WA 98107