

The Ultimate Fish Stick

1.0 oz Crunchy Breaded Fish Sticks

Made From Deep Skinned Alaska Pollock

418301



EST.NO. 391#

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Four precooked breaded fish sticks (1.0 oz. each) provide 2.00 oz. equivalent meat and 1.50 ounce equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA, 00/0000)

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COOKING INSTRUCTIONS - COOK FROM FROZEN.
CONVECTION OVEN : 400 DEGREES F. FOR 9 - 11 MINUTES.
CONVENTIONAL OVEN : 475 DEGREES F. FOR 11-13 MINUTES.
DEEP FRY : 350 DEGREES F. FOR 2.5 TO 3 MINUTES.
COOKING TIME AND TEMPERATURE MAY VARY WITH EQUIPMENT. FOR ADDED CRISPNESS, COOK SLIGHTLY LONGER.

NET WT. 10 LB. (4.54 kg)

TRIDENT SEAFOODS CORP., 5303 SHILSHOLE AVE NW SEATTLE, WA 98107

LOT:

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INGREDIENTS: 65.00% FISH (ALASKA POLLOCK), 35.00% BATTER & BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], WHOLE YELLOW CORN MEAL, WATER, ENRICHED RICE FLOUR [RICE FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CONTAINS 2% OR LESS OF: SALT, WHEAT GLUTEN, SUGAR, YEAST, PALM OIL, ONION POWDER, GARLIC POWDER, TAPIOCA STARCH, LEAVENING [CREAM OF TARTER, BAKING SODA], TOMATO POWDER, MALTED BARLEY FLOUR, DEHYDRATED RED BELL PEPPER, CORN STARCH, AUTOLYZED YEAST, SPICES, ASCORBIC ACID [ADDED AS A DOUGH CONDITIONER], DEHYDRATED GREEN BELL PEPPER, DEHYDRATED TOMATO, WHOLE MALTED BARLEY FLOUR).

CONTAINS FISH (ALASKA POLLOCK), WHEAT

QUICK FROZEN - OVEN READY

PROCESSED IN THE U.S.A. CFN/FE# ##### 391-



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