

418300



1 oz. Crunchy Ocean Treasures™

Precooked Breaded Formed Fish Nuggets

LOT: AYJJJLW



EST.NO. 391#

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Four precooked breaded fish nuggets (1.0 oz. each) provides 2.00 oz. equivalent meat and 1.5# ounce equivalent grain for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA, 00/0000)

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INGREDIENTS: 67.04% FISH (ALASKA POLLOCK AND COD), 32.96% BATTER AND BREADING (WHOLE WHEAT FLOUR, VEGETABLE OIL [SOYBEAN AND/OR CANOLA], ENRICHED WHEAT FLOUR [FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, WHEAT GLUTEN, IODIZED SALT, SALT, SUGAR, YEAST, WHOLE YELLOW CORN FLOUR, SOY FLOUR, DEXTROSE, LEAVENING [BAKING SODA, SODIUM ALUMINUM PHOSPHATE], MONO AND DIGLYCERIDES, EXTRACTIVES OF PAPRIKA, SPICE EXTRACT, SPICE, WATER). CONTAINS FISH (ALASKA POLLOCK AND COD), WHEAT, SOY.

Cooking Instructions:*

KEEP FROZEN UNTIL READY TO COOK. Thawing is not recommended – cook from frozen.

Conventional oven: Preheat to 425° F. Place frozen product on lightly greased baking sheet, cook for 18 to 20 minutes until crisp. Turn product halfway through bake time for best results.

Convection oven: Preheat to 375° F. Place frozen product on lightly greased baking sheet, cook for 13 to 15 minutes until crisp. Turn product halfway through bake time for best results.

Deep Fry: Heat oil to 350° F. Fry frozen product for 3 to 3½ minutes until product is golden brown.

Microwave cooking is not recommended.

* Cooking times and temperatures may vary substantially. Internal temperature should be at least 165°F. We strive to produce a fully "boneless" product. As with all fish, however, occasional bones may still be present.

QUICK FROZEN - OVEN READY

NET WT. 10LB. (4.54 kg)

CFN/FEI# ##### 391-



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