

HOT AND SPICY FISH SANDWICH



MADE WITH WILD CAUGHT
ALASKAN POLLOCK
ON-TREND SPICY FLAVOR PROFILE
CRUNCHY WHOLE GRAIN COATING

Trident
SEAFOODS 

TRIDENT SEAFOODS HOT AND SPICY FISH SANDWICH

Our Hot & Spicy Fish Sandwich portions are a superior source of protein with a kick. Made with wild-caught Alaskan Pollock – a natural source of Omega-3s, potassium, iron, and calcium – our Hot & Spicy Fish Sandwich offers your patrons the protein they need and the spicy flavor & crunch they want. Perfect on a bun or in a taco.

FEATURES & BENEFITS

Wild Alaskan Pollock

Wild-caught in the world's largest sustainable fisheries

A Flavorful Sandwich That is Good for you

Made from top-quality, once-frozen Alaskan Pollock Fillets

A Red-Hot Flavor Trend

Spicy foods continue to explode in popularity

SPECIES INFORMATION

Wild-caught in the icy waters of Alaska, Alaskan Pollock is one of the most abundant and sustainable seafood species in the world. A Cousin to cod and similar in flavor, texture, and appearance, Alaskan Pollock's lean, snowy-white meat, delicate texture, and mild flavor make it an extremely versatile and healthy seafood choice.

COOKING & HANDLING INSTRUCTIONS*

KEEP FROZEN UNTIL READY TO COOK. Thawing is not recommended – cook from frozen.

Convection oven: Preheat to 375° F. Place frozen product on lightly greased baking sheet, cook for 17-21 minutes until crisp. Turn product halfway through bake time for best results.

Let stand 2-3 minutes.

Microwave cooking is not recommended.

*Cooking times and temperatures may vary substantially. Internal temperature should be at least 165°F. We strive to produce a fully "boneless" product. As with all fish, however, occasional bones may still be present.



PACK INFORMATION

ITEM #	DESCRIPTION	PORTION SIZE	PACK SIZE	APPROX. PIECES PER CASE	GTIN #
425226	TR CN Spicy AK Pollock Sandwich WG	3.6 oz	1/10 lb	44	0 00 28029 25226 2
400042	TR CN Spicy AK Pollock Sandwich WG Military	3.6 oz	1/10 lb	44	0 00 28029 00042 9

10 LB. PACK: DIMENSION: (L x W x D) 15" L x 10" W x 6.25" H
GROSS WEIGHT: 11.2 lb. CUBE: .54 TI HI: 12 x 7

Nutrition Facts

Serving Size 1 piece (102 g/3.6 oz)
Servings Per Container about 44

Amount Per Serving		
Calories 190	Calories from Fat 80	
		% Daily Value
Total Fat 9g		14%
Saturated Fat 1g		5%
Trans Fat 0g		
Cholesterol 45mg		15%
Sodium 310mg		13%
Total Carbohydrate 15g		5%
Dietary Fiber 0g		0%
Sugars 0g		
Protein 15g		30%
Vitamin A 4%	Vitamin C 0%	
Calcium 2%	Iron 8%	

*Percent Daily Values are based on a 2,000 calorie diet.

ALASKA POLLOCK, WHOLE WHEAT FLOUR, VEGETABLE OIL (SOYBEAN AND/OR CANOLA), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), CONTAINS 2% OR LESS OF: MODIFIED CORN STARCH, WATER, YELLOW CORN FLOUR, SALT, SPICES (INCLUDING CELERY SEED), GARLIC POWDER, WHEAT GLUTEN, ONION POWDER, YEAST, POTASSIUM CHLORIDE, EXTRACTIVES OF PAPRIKA AND TURMERIC, SUGAR, WHOLE GRAIN YELLOW CORN FLOUR, YEAST EXTRACT, IODIZED SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA), SPICE EXTRACTIVES. CONTAINS FISH (ALASKA POLLOCK), WHEAT,



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