

Burgers of the World

Salmon, Wahoo, Mahi Mahi



- >> MADE WITH WHOLE FILLETS
- >> WILD, OCEAN-CAUGHT
- >> COOKS IN MINUTES FROM FROZEN
- >> VERSATILE MINI PORTIONS AVAILABLE



Burgers of the World

Featuring Alaskan Wild Salmon, Wahoo and Mahi Mahi, our trio of burgers are a wonderful and healthy alternative to beef. Cooking from frozen, they can be pan-fried, grilled or oven-baked. With Trident Seafoods' Burgers of the World, your menu can cover every option. Try featuring the Alaskan Salmon Burger in a soft taco or Caesar salad. Or how about a Pineapple Teriyaki Mahi Mahi burger? A Wahoo burger is a standout as a Caribbean Wahoo Burger special. Or try our mini Mahi Mahi for healthy starters, kids menus and late night nibbling. Burgers of the World will help you satisfy any customer's "hankering for a healthy burger."

Features & Benefits

>> SIMPLE TO PREPARE

Cooks from frozen; pan-fry, grill or oven-bake

>> VERSATILE SIZING

Available in 5 portion controlled sizes

>> FROM NATURAL WHOLE FILLETS

No trim or mince

Species Information

Trident's wild Alaskan Salmon are ocean-caught in the pure, icy waters off Alaska's rugged coastline. Certified sustainable, Alaskan Salmon feed on the abundant natural diet found in these pristine waters, which help produce their excellent natural flavor, firm texture and attractive color.

Found in tropical and subtropical waters, Wahoo are the mildest flavored member of the mackerel family. Long-line caught, these iridescent blue-green fish usually weigh between 8 and 30 pounds. With pale pink flesh that turns white when cooked, Wahoo are flavorful and moist, large-flaked and meaty.

Mahi mahi (also known as dolphinfish and dorado) are a popular fish found along both the Atlantic and Pacific coasts. While they can grow as large as 50 pounds, most typically are in the 10 to 30 pound range. With its mild, delicate flavor and a firm meaty texture, mahi mahi filets make a terrific fish burger.

SALMON BURGER INGREDIENTS: PINK OR CHUM SALMON, WATER, CANOLA OIL, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: LEMON JUICE FROM CONCENTRATE, SEA SALT, ONION, GARLIC, SPICE, NATURAL SMOKE FLAVOR, NATURAL FLAVOR, VEGETABLE EXTRACTIVES, COLOR ADDED. PARFRIED IN VEGETABLE OIL (SOYBEAN OR CANOLA OIL). CONTAINS: FISH (SALMON).

MAHI MAHI BURGER INGREDIENTS: MAHI-MAHI, WATER, CANOLA OIL, ALASKA POLLOCK, CONTAINS 2% OR LESS OF: POTATO EXTRACT, MUSTARD FLOUR, GRILL MARINADE (MALTODEXTRIN, SALT, AUTOLYZED YEAST EXTRACT, COD POWDER, PAPRIKA, GARLIC POWDER, SPICES, ONION POWDER, VINEGAR POWDER, RED PEPPER, CITRIC ACID, SUGAR, SMOKE FLAVOR, SILICON DIOXIDE, SOYBEAN OIL, NATURAL FLAVORS, SOY LECITHIN), SALT, MODIFIED POTATO STARCH, SUGAR, SORBITOL, ROSEMARY EXTRACT, SODIUM PHOSPHATES. PARFRIED IN SOYBEAN AND/OR CANOLA OIL. CONTAINS: FISH (MAHI-MAHI, POLLOCK AND COD), SOY.

WAHOO BURGER INGREDIENTS: WAHOO, WATER, CANOLA OIL, ALASKA POLLOCK, LESS THAN 2% OF EACH OF: VEGETABLE EXTRACT, MALTODEXTRIN, SALT, AUTOLYZED YEAST EXTRACT, COD POWDER, PAPRIKA, GARLIC POWDER, SPICES, DEXTROSE, ONION POWDER, VINEGAR SOLIDS, RED PEPPER, CITRIC ACID, SUGAR, SMOKE FLAVOR, SOYBEAN OIL, NATURAL FLAVORS, SOY LECITHIN, SORBITOL, NATURAL FLAVOR, SODIUM PHOSPHATES, POTATO STARCH, PARFRIED IN VEGETABLE OIL (SOYBEAN OR CANOLA OIL). CONTAINS: FISH (WAHOO, POLLOCK, AND COD), SOY.

COOKING & HANDLING INSTRUCTIONS

Keep frozen until ready to use. Oven temperatures vary. Cook to an internal temperature of 145°F. For best results: Turn product over halfway through cooking time.

METHOD	TEMP.	SALMON					MAHI MAHI		WAHOO
		1.4 OZ	3.2 OZ	4 OZ	5 OZ	7.5 OZ	1.4 OZ	4 OZ	4 OZ
BBQ or flat grill	350° F	3-4	3-4	4-5	4-5	7-8	3-4	4-5	4-5
Pan fry	Medium Heat	4	3.5-4.5	4-5	4-5	6-7	4	4-5	4-5
Convection Oven	350° F	8	7.5-9	8-10	8-10	8-10	8	8-10	8-10
Conventional Oven	400° F	12	8-9	8-10	9-10	8-10	12	8-10	8-10
Deep Fry	350° F	4-4½	N/A	N/A	N/A	N/A	4-4½	N/A	N/A
Microwave	N/A	1	N/A	N/A	N/A	N/A	1	N/A	N/A

Cooking times and temperatures may vary with equipment and load.

PACK INFORMATION

ITEM #	DESCRIPTION	PORTION SIZE	PACK SIZE	APPROX. PIECES PER CASE	GTIN #
468288	Alaskan Salmon Burger IQF	3.2 oz.	1/10 lb.	50	0 00 28029 68288 5
432207	Alaskan Salmon Burger IQF	4 oz.	1/10 lb.	40	0 00 28029 32207 1
MILITARY: 4 oz. Item # 400204		GTIN # 0 00 28029 00204 1		NAPA Code: 8905-01-E60-2537	
424785	Alaskan Salmon Burger IQF	5 oz.	1/10 lb.	32	0 00 28029 24785 5
490174	Alaskan Salmon Burger IQF	7.5 oz.	1/17 lb.	36	0 00 28029 90174 0
414060	Mahi Mahi Burger IQF	1.4 oz.	1/10 lb.	114	0 00 28029 14060 6
410865	Mahi Mahi Burger IQF	4 oz.	1/10 lb.	40	0 00 28029 10865 1
412363	Wahoo Burger IQF	4 oz.	1/10 lb.	40	0 00 28029 12363 0
10 LB. DIMENSION: (L x W x D) 15" L x 10" W x 6" D GROSS WEIGHT: 10.7 lb. CUBE: .54 TI HI: 12 x 7					
10 LB. DIMENSION: (L x W x D) 15" L x 10" W x 6" D GROSS WEIGHT: 12 lb. CUBE: .52 TI HI: 12 x 7					
17 LB. DIMENSION: (L x W x D) 15" L x 10" W x 6" D GROSS WEIGHT: 18 lb. CUBE: .52 TI HI: 12 x 7					

Nutrition Facts – Burger	Salmon						Mahi Mahi				Wahoo			
	1 burger		1 burger		1 burger		1 burger		3 burgers		1 burger		1 burger	
Serving Size	3.2oz	91g	4oz	113g	5oz	142g	7.5oz	213g	4.2oz	113g	4oz	113g	4oz	113g
Amount Per Serving														
Calories Calories from Fat	140	70	180	80	220	100	330	160	150	60	140	60	180	100
% Daily Value*														
Total Fat	7g	11%	9g	14%	12g	18%	17g	26%	7g	11%	6g	9%	11g	17%
Saturated Fat	1g	5%	1g	5%	1.5g	8%	2g	10%	0.5g	3%	0.5g	3%	1g	5%
Trans Fat	0g		0g		0g		0g		0g	0%	0g		0g	
Cholesterol	50mg	17%	60mg	20%	75mg	25%	115mg	38%	75mg	25%	65mg	22%	50mg	17%
Sodium	260mg	11%	330mg	14%	410mg	17%	610mg	25%	600mg	25%	580mg	24%	630mg	26%
Total Carbohydrate	1g	0%	2g	1%	2g	1%	3g	1%	1g	0%	2g	1%	2g	1%
Dietary Fiber	0g	0%	0g	0%	0g	0%	0g	0%	0g	0%	0g	0%	0g	0%
Sugars	0g		0g		1g		1g		0g		0g		0g	
Protein	16g		20g	40%	25g	50%	37g	74%	19g		17g	34%	18g	36%
Vitamin A • Vitamin C	2% • 0%		2% • 0%		2% • 0%		4% • 2%		4% • 0%		4% • 0%		15% • 2%	
Calcium • Iron	2% • 4%		2% • 4%		2% • 6%		4% • 8%		2% • 8%		2% • 6%		2% • 8%	
Cooked Meat Equiv.	2oz		2.5oz		3oz		4.75oz							

*Percent Daily Values are based on a 2,000 calorie diet.



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